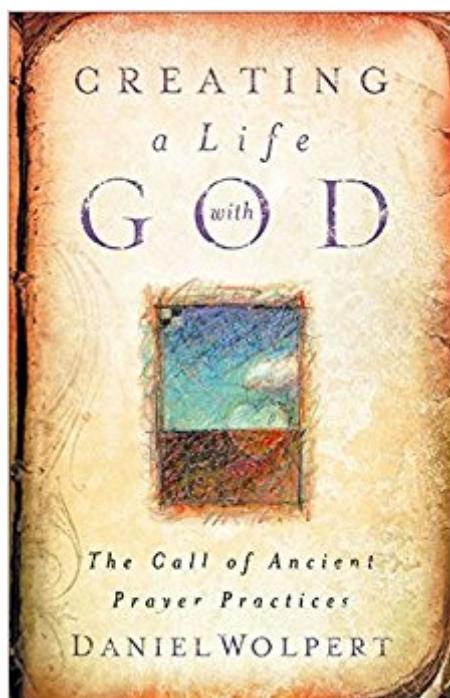


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# Creating A Life With God: The Call Of Ancient Prayer Practices



## **Synopsis**

This book is truly about life with God: a life in which the awareness and consciousness of God sweep us off our feet the way a lover would. It is about taking on the mind of Christ, a process that is a journey, the journey of prayer." So begins Wolpert's invitation to fully experience the lifeline God offers us in prayer. Creating a Life with God goes beyond the rote prayers that so many of us have experienced and found wanting. In fact, Wolpert admits that his own frustration with the formula prayers and his unsettled longing immediately after college led to his search for a different kind of prayer, one that's ""a deep conversation with God beginning with communion and leading to transformation." Prayer illuminates our minds, enabling the love of God to permeate all that we do. The purpose of this book is to nourish a deeper, more satisfying prayer life. Wolpert explains 12 prayer practices and introduces you to historical figures who best illuminate each practice. You'll discover new ways to pray through \* experiencing solitude and silence \* using your mind and imagination \* using your body and creativity \* connecting with nature and community You'll discover how classical approaches to God can deepen your prayer life today. An appendix offers step-by-step instructions for practicing the Jesus Prayer and the prayer of examen, for walking the labyrinth, and more. Creating a Life with God is suitable for both individual and small group study.

## **Book Information**

Perfect Paperback: 192 pages

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## **Customer Reviews**

Daniel Wolpert worked as a research scientist, psychologist, spiritual director, farmer, teacher, and construction worker before earning his Masters of Divinity degree at San Francisco Theological Seminary (SFTS). Over the past nearly thirty years he has taught in the fields of psychology

and spiritual formation, led retreats, and delivered talks in such settings as the Art of Spiritual Direction Program at SFTS, the Youth Ministry and Spirituality Project, national ministry conferences, UCLA, UND medical school, Luther Seminary, the 5-Day Academy for Spiritual Formation and numerous churches, camps, and other ministry settings.Â  Recently he has also worked as a church pastor while continuing his spiritual direction work in private practice and through the Penny George Institute for Health and Healing.Â  Daniel is the co-founder and director of the Minnesota Institute of Contemplation and Healing (MICAH, micahprays.org).Â  He is also the author of "Leading a Life with God, the practice of spiritual leadership (Upper Room 2006),Â  "Creating a Life with God: the call of ancient prayer practices"(Upper Room 2003), co-author of "Meeting God in Virtual Reality: using spiritual practices with media" (Abingdon 2004), and most recently "The Collapse of the Three Story Universe: Christianity in an Age of Science" (MICAH 2013).Â 

This book is very readable, practical and full of helpful ideas without being preachy. It speaks of difficulties through history with finding a life with God but the focus is on now and the need not only for finding space for God, but living life with God.

this book was recommended by district supr. david byrum, east district of the umc. indiana conf. i read it first, then went back to what i had highlighted and began to see not only where i was in faith, but where i should be as a pastor, counselor, and mentor. then i really understood why it was recommended and to be truthful i have used it in several sermons recently.

Very well written. It is designed to awaken one's mind to receive blessings from God by praying in the Spirit.

The book provides new and exciting ways to look at our relationship with our Heavenly Father and Jesus.

So far, this book has been very helpful. I'm reading for a class and it's been really good.

We are using this book in my congregation with a small group of 10 people in order to learn about individual and group contemplative prayer. It is excellent.

Reading this book is like having your own spiritual director walking you step by step through a variety of spiritual practices that will draw you closer to God. It includes enough historical background to be interesting but not boring, and enough practical advice to help you as you search for new ways to go deeper with God.

This book was my first purchase and it was a great experience. I wasn't sure what to expect and it turned out great. I have started to purchase other items because of this purchase.

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